

TODAY'S NEWS

Youth, Athletes and Concussions | Caps Unit | Return to Play/Learn

CAPS

(Comprehensive Assessment of Postural Systems)

The Dynamic Posturography allows us to assess the body's ability to maintain balance and, conversely, the risk of falling.

According to the Australian Bureau of Statistics "There were approximately 126,000 injury cases among older Australians in 2011 – 12" due to falls.

Our measurements comprise the patients sway stability score, centre of pressure, stability level.

(mTBI) occurs on youth/athletes and adults. Early detection is vitally important for the prevention and treatment for all of our loved ones

Return to Play/Learn

With the newest technology to help assist with the protocol of Return to Play and Return to Learn (RTP/RTL), we are able to use quantitative numbers and baseline assessments to assist with the decision making process, rather than solely relying on the lack of symptoms.

"Premature return-to-play of a student/athlete who is still injured from a concussion may result in more severe and potentially long-lasting deficits." (Zurich concussion statement 2008. Clin J. sports med 2009.)



Your Student / Athlete, Concussed?

One of the greatest fears.

As a parent, one of our greatest fears while watching our children participate in sports is injury. Like it or leave it, injuries come part and parcel with their chosen activity. However, some are more serious than others. As the brain is the most important organ in our body, any time there is trauma to our head we must execute due diligence.

Youth sports are a major contributing factor to concussions in high school athletics. Sports such as soccer, rugby union, rugby league, and AFL are the major codes which lead to concussions



Baseline Measurements

Utilise our pre/post design to obtain pre-injury data before a fall or mild Traumatic Brain Injury (mTBI) occurs on youths and adults. It is vitally important for the early detection, prevention and treatment for all of our loved ones.

Our Test includes:

- Dynamic Posture
- Physical Examination

**Call now for an
appointment!**

**Get your baseline
measurements.**

Phone us on:

07 5444 2777

If you or a loved one has experienced a head injury in the past or this past season don't rely on symptoms alone, come in and get tested now.

Some symptoms of Concussion

- Headache
- Difficulty concentrating
- Dizziness
- Mental Fogginess
- Noise Sensitivity
- Light Sensitivity
- Nausea irrationality
- Fatigue

